

Facing Reality

High Holiday Sermons by Rabbi Adam Chalom

The first step to a meaningful life is facing reality, no matter how uncomfortable or challenging it may be. Do we have the courage to examine our world, and ourselves?

Disc 1:

The Human Condition—Realities of the human condition transcend culture, religion, gender, and nation. They may be difficult to accept, but we must face them to find happiness and dignity.

The Jewish World—The real story of the Jewish people is more interesting than legend or myth. We are secure and still nervous, closed sects and open families, Israel and Diaspora. Our diversity is our strength.

Disc 2:

Ourselves—It is easier to talk about the big picture than the image in the mirror. The more honest we are with ourselves, the more true we can be to the people we love.

Happiness and Inspiration—Reality can be joyful—children are born, love brightens our existence, we find inspiration every day. Realistic living brings happiness within our grasp.

Death and Loss—The basic condition of life is that it ends. If we accept mortality, we can truly own our lives while we are here. Our pain is real, but so too is the comfort of joyful memory.

Be enlightened and inspired by Rabbi Adam Chalom of Kol Hadash Humanistic Congregation. This 2-CD set from the 2008 High Holidays is a must-have for anyone who wants to be inspired by the real world.



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